



MODERN PENTATHLON

2021 NATIONAL RANKING COMPETITION #1

ZIELONA GÓRA-DRZONKÓW / POLAND

INVITATION LETTER

Dear Friends,

The Polish Modern Pentathlon Association and the Local Organizing Committee - The Zielonogórski Sport Club Drzonków has the pleasure to invite a delegation of your National Federation or Club to participate in the **2021 National Ranking Competition #1** that is going to be held in Zielona Góra - Drzonków on **22-25 January 2021**, according to the following programme:

- 22.01.2021 Arrival of Delegations, 6.00PM technical meeting, 7.00PM horse riding
- 23.01.2021 Swimming, fencing & horse riding (men & women)
- 24.01.2021 Laser Run (men & women),
- 25.01.2021 Departure of Delegations

Organizers:

- Polish Modern Pentathlon Association
- Zielonogórski Sport Club Drzonkow
- WOSiR Drzonków

Competition format:

- Open men/women
- Juniors men/women
- Under 19 men/women
- Under 17 (3x800m laser run) men/women

Competition rules

The competition will be carried out according to the UIPM Rules.

- Swimming: 25m indoor swimming pool / 4 lanes
- Fencing: 10 pistes, one tournament for senior, junior and U19
- Horse riding: indoor riding course, consisting of 10 obstacles
- Laser Run:
 - Shooting range: 18+2 precision laser targets
 - Running course: indoor (one lap = 160m)
 - Series: Handicap in groups

Athletes

According to UIPM Rules all members of attending delegations should insure themselves in case of accidental injury or illness. The organizer will not accept any responsibility financially or other, for any loss, injury or illness of any member of the delegation.

Athletes are only allowed to participate in this event if they are in possession of a valid UIPM Athletes License. Registration is not possible without a UIPM License Number. If an athlete does not have a license they will not be allowed to take part in the competition.

Accommodation

We inform that in order to provide athletes the best conditions for their stay and to ensure swift run of the competition the accommodation will be held within WOSiR facilities in Drzonków.

Teams will be accommodated in WOSiR Drzonków. Please note that the Technical Meeting, Accreditation Office and LOC Office, sports facilities, will be located in the WOSiR Drzonków (66-004 Zielona Góra, ul. Drzonków-Olimpijska 20)

Venues

WOSiR Drzonków , 66-004 Zielona Góra, ul. Drzonków-Olimpijska 20,
website WOSiR Drzonków: <http://www.drzonkow.pl>

Transport

LOC guarantees transportation from the Railway Station in Zielona Góra. In special cases it is possible to transport the Delegation from the Berlin/Poznań/Wrocław airports after prior notification and agreement of the financial conditions with the Organizer (LOC). The cost is 350€/bus (8 people)/round trip.

Financial

The cost of stay per person per night is:

- 100 euro - senior, junior U22
- 95 euro - all age categories without horse riding and coaches

This price includes full board accommodation. Delegations wishing to arrange their own accommodation must pay an accreditation fee per participant (athlete, coach or official) to the LOC. The total amount due to accommodation has to be paid in cash at the accreditation desk on arrival, where it will be given an Invoice of the total cost of stay for Your Delegation

Deadlines

Entry ABC – Informative & Preliminary & Finish - **18.01.2021**
Link to entry form (registration) - <https://forms.gle/pR8AeuQkMNqKTisdA>

COVID-19 safety information

Taking care of safety, the competition will be conducted in accordance with all sanitary recommendations and in accordance with applicable regulations in a safe distance between participants

- only authorized persons (coaches, athletes, referee, LOC) may stay in the competition office and in other sports facilities available for use during the competition
- persons authorized to enter the sports facilities are ONLY WITH ACCREDITATION
- all persons every morning entering the sports facilities and restaurant will be have measured body temperature; people with elevated temperature not be allowed to participate in the competition
- throughout the competition , care should be taken to maintain a safe distance between the people serving the competition and its participants (social distance through out the

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- zones for teams will be designated at all sports facilities
- all persons in the sports facilities must have their mouth and nose covered (except for athletes - see below), during the competition coaches are obliged to cover their mouth and nose
- athletes must cover their mouths and nose when:
 - entry to the sports facilities;
 - before and after it you will finish with a warm-up
 - as during transition to the field of play
- on the horse riding athletes are advised to wear gloves

DURING THE EVENT:

- coaches and non-starting athletes stay at the standing or coaches zone
- we keep social distance
- during the each event, competitors do not have to have mask for lips and nose
- after the event, warm-up mandatory mask at the all sports facility
- fencing - after the ended fight only use elbow or salutation with an epee. Technical sheets is signed by the referee - players only check and verify correctness
- swimming - without presentation
- riding - advised to wear gloves. At the stand only of coaches and athletes who start riding. no fans, spectators

Contact to LOC

Zielonogórski Sport Club Drzonków
66-004 Zielona Góra, ul. Drzonków-Olimpijska 20
office phone +48 503 993 961
e-mail: pentathlonpl@gmail.com



We look forward to seeing you in Drzonków in 2021.

Zielonogórski Klub Sportowy
66-004 Zielona Góra
ul. Drzonków-Olimpijska 20
NIP 973-04-65-934, Regon 000803615

Best regards,

Daniel Dabek

Name of the Bank: BNP Paribas Bank Polska S.A.
Bank's address: 01-211 Warszawa, ul.Kasprzaka 10/16
Name of the Beneficiary: Zielonogorski Klub Sportowy
SWIFT: PPABPLPK
IBAN (for EURO) PL69 1600 1462 0008 3677 4717 6021

